



# DARSHAN ACADEMY MEERUT

## NEWSLETTER

Edition : December 2022



Darshan Academy strives to provide an education that embraces all aspects of a child's being, enabling students to meet challenges and lead life with a knowledge supported by wisdom, ethical values, good decision-making skills, as well as equipoise and a respect for all life.

# Sports & Games Galore

**"Perfection is challenging, but if we chase perfection we can catch excellence".**

Darshan Academy, Meerut celebrated National Sports Day on 29 August 2022 to commemorate the Birth Anniversary of the hockey legend, Major Dhyan Chand and honour the sports heroes for bringing laurels to the country. The event commenced with a vibrant and thought-provoking speech by the Sports Captains. The audience was mesmerized watching the display of various moves and formations of skating and aerobics whereas Taekwondo stunts awestruck everyone boosting their zeal and sporting spirit. Inter-House Basketball and Volleyball matches thrilled everyone, giving them a life-learning lesson to be faster, higher and stronger.



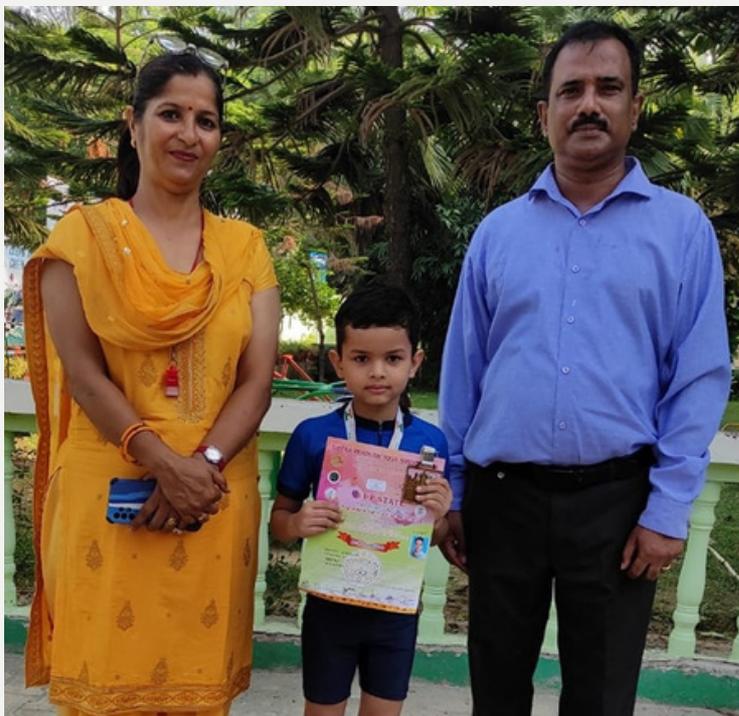
## Viral on National Television

Ananya Tyagi of class XII Sc of Darshan Academy, Meerut registered her name in the International Book of Records on 03 October 2021. She displayed phenomenal enthusiasm, exemplary teamwork and sporting spirit, creating the World Record in the group event of Most Jumps in Double Dutch Speed Wearing Skates. The entire Darshan fraternity applauded her for her commendable performance and wished her all the best for her future undertakings. It was a great moment when the media also appreciated her in the News channels.



## "OVERPOWER, OVERTAKE, OVERCOME"

The month of August summed up with a tremendous achievement with Abhinav Upadhyay of grade I adding a Golden Feather in the Academy's hat. He bagged a Gold Medal (in age category 5 to 8 years) in the Uttar Pradesh State Sub Junior and Junior Yogasana Sports Championship held on 28 and 29 August at DLF School, Ghaziabad, making the State, City and the Academy proud by bringing laurels. Highly talented 38 young yoga practitioners of Darshan Academy, Meerut got the opportunity to be a part of the Meerut Team. 700 students from 06 states participated in the competition. Their postures and body control left everyone spellbound. The Principal congratulated the recipient and wished him best for his bright future.



**"Pain is temporary, victory is forever."**

**Honey** of Grade 9 of Darshan Academy, Meerut brought accolades and added another colorful feather in the hat of our Academy. He participated in the 8th Roller Sports Championship which was held at Greno Banked Track, Noida from 27 to 30 October 2022. He bagged two gold medals for his outstanding performance in:

**3000 mtr Road - 1st Position**

**1000 mtr Rink Race - 1st Position**

Honey has been selected for the National Championship which held at Bengaluru, Karnataka from 11 to 24 December 2022. Principal Sir congratulated him and motivated him to perform well and maintain the energy in the National Championship.



**"Champions keep playing until they get it right. It is their persistence, perseverance and grit that turns ordinary into extraordinary achievement."**

What a victory! 28 apprized feathers at a time. It is certainly a cherishing day for Darshan Academy, Meerut as 19 high spirited jumpers became proud recipients of 15 Gold, 08 Silver and 05 Bronze medals in the 6th Inter-School District Jump Rope Championship on 30 October 2022 at BIT Global School, Meerut. The zealous participants participated in different age categories from 05 to 19 years. It is indeed a matter of great honor for the entire Darshan Family.



## “Rakshabandhan- Festival of Bliss and Bond”

"Rakshabandhan is not just about 'rakhi', 'roli' and 'sweets'... It's also about the unique bond between a brother and a sister."

On the auspicious occasion of Rakshabandhan, the Primary Wing of Darshan Academy, Meerut organized "Rakhi-making Activity" on 10 August 2022 to help students appreciate the true essence of this festival and the sacred relation of a brother and a sister. Students showcased their talents by making beautiful and creative hand-made rakhis using craft material, thus conveying the message of purity, unmatched bond of love, care and respect between siblings.



**Tricolor is the life of Bharat, it is our national pride!  
Painted in three colors, it represents Bharat's  
progressive stride!"**

# "Azadi Ka Amrit Mahotsav"

Young Darshanites of the Primary Wing celebrated the 76th Independence Day with great patriotic fervour. Dressed in colorful attires, they participated in various activities like Patriotic Poem Recitation, Fancy Dress Show, Speech and singing patriotic songs. The elegant dancers wished a glorious Independence Day through their thrilling dance performance. They also made beautiful and creative patriotic Rangoli patterns. Celebrations ended with a pledge by all to protect the country at any cost and remain its loyal and sincere citizens.

## Har Ghar Tiranga - Stand in Unison

"The Tricolour signifies our nation's honour, integrity and dignity".

To mark the momentous occasion of the 75th year of India's Independence, the students of Darshan Academy, Meerut were encouraged to hoist or display the tricolour in their homes between 13th and 15th August 2022. Students strengthened their patriotic feelings by participating in 'Har Ghar Tiranga' Movement under the aegis of Azadi Ka Amrit Mahotsav. Also, the students uploaded their selfies saluting the trio on the Government portal, reflecting their profound connectivity with the Tiranga.



## Patriotic to the Core

Freedom has only one motto, May our country be happy and prosperous."

Darshan Academy, Meerut commemorated the 75 years of Independence with great patriotic zeal and excitement. The school campus resonated with Azadi Ka Amrit Mahotsav and Har Ghar Tiranga slogans. The celebration commenced with the customary hoisting of the tricolour, followed by the National Anthem. The day was blessed with the vibrant presence of SKRM member Mr Surinder Kapoor. The school choir presented a melodious parody of patriotic songs to invoke pride and patriotism among students. Students recited patriotic poems, performed contemporary dances, made a tricolour chain forming the map of India, wrote slogans and essays, and paid homage to the fallen heroes of the country. The program culminated with a mesmerizing group dance performance by the students of classes VI to X. The Principal inspired the students to respect the country and its people, and guard the hard-earned priceless freedom.



## Investiture Ceremony - Inculcating Leadership

" A leader is one who knows the way, goes the way and shows the way".

Darshan Academy, Meerut organised Investiture Ceremony for the Academic Session 2022-23 with an aim to inculcate a sense of commitment and responsibility among students. With their heads held high, the students dressed in their resplendent House and School Uniform, added to the grandeur of the event. The elected leaders from different Wings were conferred with badges and sashes. The Students' Council took the pledge to hold the School Motto high and abide by the school rules. The Principal congratulated the newly appointed Council Body and reminded them that with position comes responsibility towards themselves, their school and peers.



## " Hindi Diwas- Honouring Mother Tongue"



"National language is the soul of our nation and identity of its citizens."\*

In its endeavor to pay gratitude to our mother tongue and develop vocabulary, fluency and linguistic expression amongst students in Hindi Language, Darshan Academy Meerut celebrated Hindi Diwas on 14 September 2022. The day's celebration included a myriad of activities like speech writing, poem recitation, slogan writing, poster making, wall hanging of words, shabd anuvaad, antakshari, etc. Students enthralled the audience with their fluency in Doha Vachan activity. Hindi Language Teachers apprised the students with various insights into the scope, development and job opportunities in the field of Hindi and advised all children to fondly read Hindi literature and imbibe the core ethical values that they teach.

## “ Love Grows by Service”

May the wealth of love grow greater and greater and enrich every heart with compassion."

To mark the pious occasion of the Birth Anniversary of Sant Darshan Singh Ji Maharaj and imbibe this maxim, students of Darshan Academy, Meerut pulsated with spiritual vibes during the celebrations of 'Love and Service Week' from 07 to 13 September 2022. Zealous students of the Primary Wing participated in various art activities like poster making, card making and designing strings of loving words to spread the teachings of the Gracious Master. Through a Role Play on 'Safety', students realised how to shoulder their responsibilities in an hour of need in the society. Together they learnt that the best way to celebrate Love and Service Week is to love and serve all the creatures of God.

## CELEBRATION OF SPECIAL WEEK



## PARADISE OF PEACE & MEDITATION



"Undisturbed calmness of mind is attained by cultivating friendliness toward the happy, compassion for the unhappy, delight in the virtuous, and indifference toward the wicked."

A week-long Birth Anniversary Celebrations of the Benevolent Master Sant Rajinder Singh Ji Maharaj, the great Ocean of Compassion was celebrated by the tiny-tots at Darshan Academy, Meerut with ardent devoutness. Rajinder Week of Mediation and Peace exalted with the conduct of daily meditation, Thumb Printing in Dove named 'Harbingers of Peace', decorations of Peace Maker Crowns, Quotation Writing on pertinent moral and spiritual issues. They explored their artistic and creative instincts, winning an abundance of admiration from the viewers.

## HOT SEAT ACTIVITY

**"If speaking is silver then listening is gold."**

Learning a language helps us to effectively communicate and express ourselves. In order to bring the students closer to literature and enhance their Listening and Speaking Skills, Darshan Academy, Meerut conducted an Intra-Class Hot Seat Activity in classes VI-VIII on 12 October 2022. The activity was truly purposeful and helped in upskilling the young learners.



## Run for Unity

**"Unity is our strength and diversity is our power."**

To commemorate the 143rd Birth Anniversary of Sardar Vallabhbhai Patel, students of classes IX to XII participated in 'Run for Unity' at S D Inter College on 31st October 2022. Many reputed CBSE schools of the city participated in the Run. The students of Darshan Academy, Meerut were encouraged to promote the bond of oneness and unification during the Special Assembly. Both the activities cherished the message of the iconic leader to serve the country as one united force and also reaffirmed the inherent strength and resilience of our people to withstand threats to the security, unity and integrity of the country.



## VEGGIE FEST

**"Vegetarianism is a link to perfection and peace."**

To promote a compassionate diet and healthy lifestyle, students of Darshan Academy, Meerut enjoyed a Vegetarian Party on 05 Nov 2022. Together they took a resolution of practising Vegetarianism and also promoting it among their family members and friends. Later, the students had a blast in their respective classes as they enjoyed and cherished various dishes prepared by their classmates. It was a delightful day full of fun, food, health, wellness and instilled the passion for a compassionate diet.



# Children's Day

**"Finding your own style is not easy, but once found it brings complete happiness. It always gives you self-confidence."**

A Fancy Dress Competition, blending learning with fun and developing confidence in students was organised by the Pre-primary Wing of Darshan Academy, Meerut on 11 November 2022. Toddlers displayed their talents on various innovative themes beyond one's imagination. The effort and hard work of kids and their parents is highly commendable. The healthy competition provided a great opportunity and learning experience to the tiny-tots, this giving them a platform to explore their hidden talents.



**"Every child is a different kind of flower, and all together makes this world a beautiful garden."**

Children's Day, a day of marking childhood and remembering the first Prime Minister Pt. Jawaharlal Nehru. This day was celebrated with great splendour and fiesta at Darshan Academy, Meerut on 14 November 2022. A Special Assembly comprising of endearing presentations by teachers was conducted for children, followed by a number of fun sports activities for all classes to delight, entertain and regulate them. The students were overwhelmed after getting refreshments and thanked the teachers profusely for making their day a special one.



## SCIENCE PROJECT WEEK CUM EXHIBITION

**"Science is simply providing opportunities for the mind to work."**

With a view to encourage research, observation, and experimentation, and inculcate scientific temperament among the students, Darshan Academy, Meerut organised Science Project Week from 14-19 November 2022 which culminated with the Exhibition on 19 November 2022. The budding scientists created magic full of imagination, innovation and knowledge, and performed various science experiments based on basic concepts, promoting more and more use of renewable sources of energy. The event was graced by the presence of Memory Guru, Mr Sudhanshu Singhal, recipient of Guinness Book of Record and Limca Book of Records as the Chief Guest of the event. In a nutshell, it was a day full of experiments and learning for everyone.



## "Competence Development Programme - Upskill to Empower the Future"

**"Zonal Virtual Workshop for Teachers Teaching Classes VI - VIII ( ENGLISH, HINDI AND MATHEMATICS)"**  
Zonal Workshops for teachers of Haryana and Uttar Pradesh region were organized virtually on 06 August 2022. The session began with 10 minutes of meditation by all and receiving Master's Blessings. DA Meerut presented an overview of 21st Century Skills and its integration in Lesson Planning. The second session highlighted the salient features of Pedagogical Approaches to be followed for enhancing the skills of students. Educators also provided a comprehensive view and a list of activities that could be conducted for the same. Competency based Learning under NEP 2020 was discussed at length by DA Meerut and emphasis was laid on strategies to be followed to accomplish the set goals in classroom situations. Further, Formative and Summative Assessments were also one of the major concerns of all and collaboratively they discussed how assessments can be made student-centered.  
A one hour Expert session brushed up the skills of teachers.



**"If we nourish our soul, our true self, through meditation & Simran, our entire being gets transformed into a confident, holistic & winning personality."**

Talk on 'A Confident & Winning Personality Through Meditation' for students of classes IX – XII and on 'Be Happy and Empowered through Meditation' for teachers was facilitated by Ms. Neelam Madan, the volunteer speaker, Darshan Education Foundation, Delhi in two sessions on 15 November 2022. With the help of a power-point presentation and her interactive speaking skills on the topic, Ms. Neelam Madan emphasized and advised all for searching inner peace and happiness through meditation and empowering their soul to make life stress-free.

*'A Confident & Winning Personality Through Meditation'*



# Silver Jubilee Celebration

## Sparkling Souls - Spreading Peace

**“It’s time for commemoration, It’s time for celebration, We feel so proud for a journey, As we celebrate our Silver Jubilee! Come together, let’s sing and say, That we become the spark of identity, and carry the flagship of faith and sanctity.”**

Darshan Academy, Meerut witnessed a myriad of activities as it celebrated its successful journey of 25 years on 10 December 2022. The programme was graced by the cordial presence of the Chief Guest and the Guests of Honour along with a galaxy of many other dignitaries. The Academy was privileged to have the benign presence of President, Darshan Education Foundation on this wondrous event which increased the charm of the beautiful cultural evening and award banquet reflecting the school ethos. Honouring and appreciating the achievers with accolades for their Academic and Sports Excellence in the Academic Session 2021-22 was held with great zeal and enthusiasm. The zealous ‘Stewards of Peace’ and the enthusiastic performers of the Academy staged the scintillating Musical Ballet ‘Sparkling Souls, Spreading Peace’ interwoven with the skit which proved to be a remarkable venture and plunge into the ecstatic depths of music, movement and spirituality. The Academy received a lot of appreciation from the dignitaries, visitors, parents as well as the media for the heart-throbbing and electrifying performances of the students. We are highly thankful to our respected Education Officer and Mr. Sharma whose constant support and guidance boosted us throughout the event.



# Alumni Say.....

Hearing what a wonderful time you had with us makes our day! So glad we can create generations of peacemakers! These golden words by our valued students, alumni & parents always motivate us to keep going.



## TESTIMONIALS

### *#Sparkling Souls Spreading Peace*

My formative years at Darshan Academy have given me a direction, a new perspective and infused a sense of responsibility in me. It is indispensable in your early years that you imbibe not only the skill sets needed to do wonders in today's fast moving world but also acquire values that make you a better human. It is my privilege to acquire both from this wonderful institution. Very honestly, I vouch that all the staff in our prestigious alma mater does exactly the same.

I am very proud to be a DARSHANITE. I feel blessed that I have shared my days in DA with some cool friends, amazingly supportive teachers, and a pleasant environment.

I owe my success to the Academy. It was truly a holistic learning experience at DA and today, in the real world I feel competent enough, taking challenges as never ending opportunities for me.



**MAJOR DAMANDEEP  
SINGH**  
BATCH 2007-08



## TESTIMONIALS

### *#Sparkling Souls Spreading Peace*

'Cordial Relationship', 'Learning without Fear' and 'Be a Compassionate Human' are the three great learnings that I can immediately reminisce, the moment I am asked to move down the school memory lane.

For sure DA is one of the best schools in Meerut which provides an ideal atmosphere for learning, leading students towards holistic excellence. Education at DA has been a memorable experience for me. Besides co-curricular activities, students here are exposed to a number of interdisciplinary programmes like debates, GDs, and interactive sessions which hone their capabilities.

Adding value to anything is not easy. And when the value is education, it is doubly difficult. DA is a great institution because it adds value to the education through Spiritual Curriculum and daily meditation - it teaches its students about self-belief, confidence, compassion, camaraderie, sportsmanship, and thus, it teaches its students excellence.

I am thankful for the knowledge that I had acquired at DA through books, beyond books, image building, confidence, grooming sessions, etc. All these factors have influenced my professional growth in a very positive and effective manner.

**MAJOR MANVENDRA PRATAP SINGH TOMAR**  
BATCH 2011-12



# Alumni Say.....



## TESTIMONIALS

### #Sparkling Souls Spreading Peace

It has been a great privilege to be a part of the Darshan Academy, our true Family. We are forever indebted for the values and morals inculcated within us from the very beginning, right in our tender age via Spiritual Curriculum and meditation. The subject was not just a part of the Curriculum but unknowingly it got embedded in our life as a life skill which will forever remain with us as an asset.

Without any exaggeration, I would not fail to say that I developed the habit of setting small goals and achieving them to move towards a major goal at DA. I see the transferable set of competencies that got built up over a period of time in me. And when I hark back to my journey of formative years I think skills like strategic planning, optimism, managing self and time got developed at grass root level that certainly will play a vital role during the course of my graduation.

We loved being in the midst of such a positive and happening environment, and will cherish the fond memories of our school as a proud DARSHANITE.



**HARSHITA ANAND**  
**ALUMNI**  
**BATCH 2021-22**



## TESTIMONIALS

### #Sparkling Souls Spreading Peace

I am presently studying in class XII. I am a sports player. Since I was in Grade-I, I joined Rope Skipping and now after 12 years I can proudly say that I have over 50 medals and have played almost 40 tournaments including CBSE Nationals, Federation Nationals, I have played in an International tournament and made a World Record too, in Rope Skipping.

The curricular and cocurricular programmes organised at DA have constantly inspired and motivated me to develop my leadership qualities as well as my communication skills. Being a student of this school, I feel DA is the right choice for bringing about all-round development in a student.

With the blessings of the Beloved Master, supportive nature of my teachers, coaches and friends, and my dedication and true potential, I have started showcasing my sports talent on the social media platforms and have over 2 lakh followers. As a DARSHANITE, I credit my success to daily meditation that has boosted my patience, honed my sporting skills, enhanced my leadership quality, and refined my dedication.



**ANANYA TYAGI**



# DARSHAN ACADEMY

CREATING  
GENERATIONS  
OF  
PEACEMAKERS

## ABOUT US

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