



DARSHAN ACADEMY

NEWSLETTER



MEERUT

(December Edition 2023)



Darshan Academy strives to provide an education that embraces all aspects of a child's being, enabling students to meet challenges and lead life with a knowledge supported by wisdom, ethical values, good decision-making skills, as well as equipoise and a respect for all life.

SPORTS AND GAMES GALORE

INTER SCHOOL BASKETBALL TOURNAMENT

**"SUCCESS IS NOT FINAL, FAILURE IS NOT FATAL:
IT IS THE COURAGE TO CONTINUE THAT COUNTS."**

In a spirited display of determination and skill, the Basketball team of our school recently participated in the Inter-School Basketball Tournament held at City Vocational Public School, Meerut. The team exhibited exceptional teamwork and sportsmanship, pushing their limits to mark an impressive performance. The players demonstrated their prowess on the court, engaging in a fierce battle that kept the audience on the edge of their seats. Despite their valiant efforts, the team faced a heartbreakingly close defeat by a slim margin of 2 points in the final moments of the match. The journey may have ended with a narrow defeat, but the team's journey towards excellence continues with unwavering determination.



YOGA CHAMPIONS

"Yoga is the journey of the self, through the self, and to the self."

Our school added another achievement in its name as its students bagged 02 Gold, 03 Silver and 06 Bronze medals in the District Yogasan Championship 2023, and made the Academy proud by bringing laurels. 14 highly talented young yoga practitioners of the Academy participated in different age categories in the Championship organized at Subharti University, Meerut. Around 400 students from different schools in the city participated in the competition. Their postures and body control left everyone spellbound. The school Principal congratulated the recipient and wished them best for their bright future.



UNSTOPPABLE SKIPPERS

“Champions aren't made in gyms. Champions are made from something they have deep inside of them - a desire, a dream, a vision.”

Kudos to all for incredible success! It is certainly a cherishing day for our school as 32 high spirited jumpers became proud recipients of 48 Gold, 03 Silver and 01 Bronze medals in the Meerut District Rope Skipping Championship 2023 on 09 September 2023 at Radha Govind Public School, Meerut. The Overall Championship was also bagged by Darshan Academy, Meerut. The zealous participants participated in different age categories from 05 to 19 years for Individual Masters & Individual Team Championships, competing with 180 participants from 11 reputed schools of the district. The school has received a lot of appreciation from the media as its 08 outstanding skippers have been selected for the National level Championship which will be organized at Nasik from 28 - 30 September 2023.



इ रोप स्किपिंग एसोसिएशन उत्तर प्रदेश के मार्गदर्शन में राधा गोविंद गढ़ रोड के र प्रांगण में रोप स्किपिंग जिला प्रतियोगिता का अयोजन किया गया जिसमें 11 स्कूल से 180 खिलाड़ियों ने भाग लिया ऑल ओवर प्रतियोगिता प्रथम स्थान दर्शन अकादमी द्वितीय स्थान माय पब्लिक स्कूल व तृतीय स्थान विद्यादीप ग्लोबल स्कूल का रहा खेल शामिल है इस अवसर पर मुख्य अतिथि संगीता कश्यप प्रधानाचार्य राधा गोविंद स्कूल, उत्तर उत्तर प्रदेश महासचिव भूपेंद्र सिंह, डॉ प्रवीण, लक्ष्मीकांत शर्मा, विक्रांत ढाका,, आशा लता , अनिता सिंह आदि मौजूद रहे सागर कश्यप सभी कोच, ललिता त्यागी मीनू यादव, कपिल, चिराग, पलक, हरमनदीप, अभय, अनन्य त्यागी, आकाश आदि बच्चो को भी दी बहुत बहुत बधाई व शुभकामनाएं।



CAREER COUNSELING

Believe you can, and you're halfway there."

The school organized a Career Counseling session for the students of Grades XI & XII Commerce and Science on 04 August 2023. The resource person Dr Vikrant Jawla, Director - Career Launchers enlightened the students on the parameters and strategies for building a perfect profile for admission, scholarship, grants, application, etc. He further elaborated the various career options like CLAT, NIFT entrance, IPMAT, etc. to get admission into IIM after completion of their twelfth. Queries related to the preparation of CUET were also discussed. Students expressed their gratitude for getting appropriate and timely guidance.



BLUE SKIES, BIG DREAMS

"BLUE IS THE COLOUR OF TRUST, WISDOM, FAITH AND OPTIMISM, GIVING WINGS TO IMAGINATION, INSPIRATION, SENSITIVITY AND POSITIVITY."

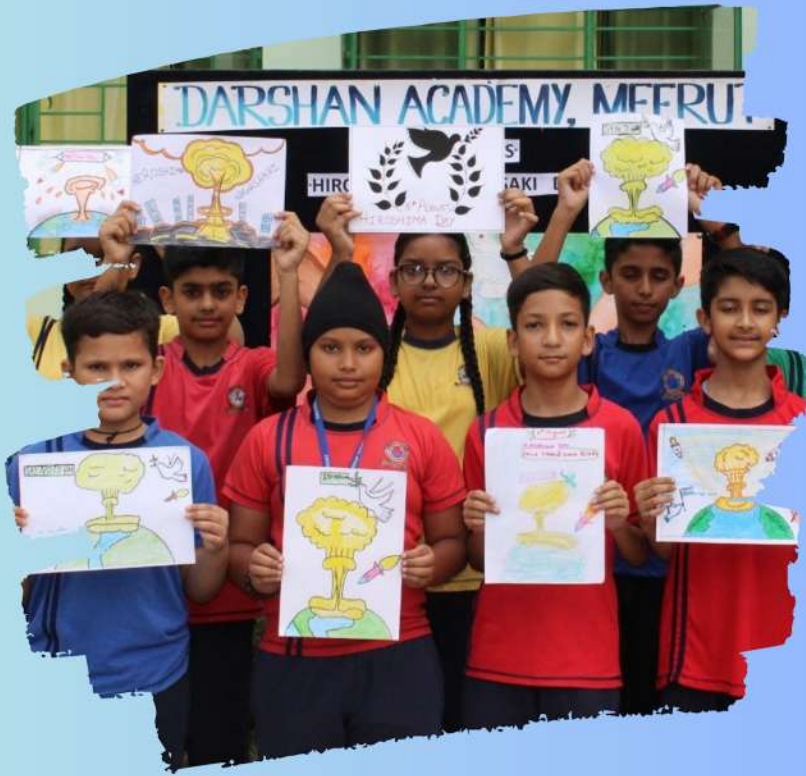


Tiny-tots of the Pre-primary Wing of the school celebrated 'Blue Day' on 07 August 2023. The significance of blue colour was reiterated through a series of activities. The classrooms were decorated with blue balloons and drawings of aquatic animals. Clad in blue dresses, students were made to recognize different shades of blue colour. Various inventive activities and games were conducted for the little ones based on the theme like Sort Out the blue objects, Guessing Game, crafting paper-folding fish and bud printing with blue colour, etc. They enjoyed listening to the stories narrated by teachers using blue coloured props. Blue Day was an amazing learning experience which had a long lasting and enduring effect on each student. Excitement and enthusiasm was visible everywhere.



HIROSHIMA & NAGASAKI DAY - SAY NO TO NUCLEAR WEAPONS

"Nuclear weapons offer us nothing but a balance of terror, and the balance of terror is still terror." A Special Assembly was conducted on 09 August 2023 to commemorate and pay tribute to the victims of the fatal bombing at Hiroshima and Nagasaki. The assembly included poem recitation and a speech to advocate peace initiatives in the school and make students aware about the horrific effects of the atomic bomb blasts and significance of the day. Students showcased their posters drawing awareness to anti-war and anti-nuclear campaigns. A mind-boggling quiz at the end of the assembly helped in recalling the sequence of events and reminded students about the dangers of nuclear warfare. Students went back drawing lessons from the horrific past and with the realization for a peaceful future.



EMBRACING THE TORCH BEARERS

"Leaders are not born but are made by their experiences in life".



To give an experience in the realm of leadership and responsibility, our school has organized the Investiture Ceremony on 15th August 2023 to induct the newly elected Students' Council. The newly elected Students' Council marched in unison to salute the dignitaries from SKRM. Their presence in the ceremony uplifted the confidence of the students.

The ceremony started with an enthralling Hula hoop presentation by the students of the Primary section, followed by a mind-boggling Nukkad Natak by the students of the Senior section highlighting the role of youth towards the nation. The members of the Students' Council marched forward with great panache to receive their badges and be bestowed the mantle of responsibilities. The Head Girl Disha Chaudhary and the Head Boy Shorya Kumar led their team with immense pride. The ceremony left everyone spell bound.



Conferring of ceremonial sashes and the badges was followed by the speech of our venerable Guest Sh. Surender Kapoor who emphasized on the importance of determination and perseverance as the key to success. The audience listened to every word spoken by him with rapt attention. The solemn ceremony ended with the vote of thanks proposed by the Head Boy and Head Girl, and finally concluded with the National Anthem.

INDIA @ MOON- A PROUD MOMENT FOR ALL

As Chandrayaan-3 successfully lands on the moon, students of our school buzz with pride and well-wishes.

A Special Assembly was conducted to celebrate the historic day. A short quiz was conducted to check students' know-how on the lunar landing. In a heartwarming display of excitement and jubilation, the students danced with joy, recited poems full of praises, and indulged in art & drawing activities as they celebrated the successful Chandrayaan-3 lunar mission touchdown.

The entire premises echoed with the loud shouting of the spirited slogan 'Bharat Mata Ki Jai' and 'Jai Hind, Jai Bharat'.



RAKSHA BANDHAN - MAKING THE BOND STRONGER



“Rakhi is not just a thread, it's a promise of love, protection and lifelong companionship.”

Pre-primary and Primary Wing of the school celebrated Raksha bandhan with great fun and enthusiasm on 30 August 2023. Tiny-tots came in colourful outfits to celebrate the occasion and participated in singing and dancing in their respective classes. Teachers narrated stories to cherish the true spirit and importance of this festival & appreciated the sacred relationship of a brother and sister. Toddlers brought sweets to celebrate the day and shared them with each other. Also, the students from classes Nursery to V prepared and exhibited beautiful handmade rakhis. They used decorative threads, stars, mirrors and pearls to make beautiful rakhis. Their lively, colorful attires and pure smiles brightened their mood and lifted the spirit.



NATIONAL SPORTS DAY

""Let's make sports a part of our daily life."

The National Sports Day was celebrated in the school premises on 29 August 2023 to commemorate the birth anniversary of the legendary hockey player Major Dhyaan Chand. The students were told about the importance of 'Sports' and the relevance of National Sports Day during the Assembly.

All the students participated in different sports activities with great zeal and enthusiasm. Senior students played friendly Volleyball and Basketball matches. Students of grades II - VIII demonstrated their skills of Taekwondo, Skating and Hula hoop which elated every heart. The tiny-tots participated in the Tunnel Races. Students were seen playing with true team spirit and exhilaration. The celebration of the National Sports Day echoed in the field, courts and corridors.



JANMASHTAMI CELEBRATION - A FUN FILLED DAY FOR STUDENTS



May the divine blessings of Lord Krishna fill your life with love, joy, and prosperity."

Janmashtami was celebrated by the little munchkins of our school with great religious fervour and enthusiasm. Students of Pre-Primary, dressed up in the attire of Radha-Krishna, Sudama, Vasudeva and Yashoda, presented twirling dance performances and fancy dress show. Students of classes I to V participated in various art & craft activities like flute decoration, crown making, matki decoration with great zeal and zest. Students also participated in singing devotional poems on the occasion. The school Principal applauded students for their efforts.

HINDI DIWAS CELEBRATION - EXPRESSING LOVE & REGARD FOR THE MOTHER TONGUE

"Hindi is the simplest source of expression of our nation." – Sumitranandan Pant

We celebrated Hindi Diwas on 13 September 2023 to pay tribute to the official language of India.

A Special Assembly was organised by the students of classes I to X to mark the importance of the country's most widely spoken language. Entire assembly consisted of the 'Suvichar' (the thought for the day) and 'Samachar' (news of the day) in Hindi followed by a talk on the importance of the Hindi language, a few amazing facts and some beautiful heart-warming poems of famous poets in Hindi Literature. A student of class IX performed a classical dance on 'Hindi Varnmaala'. Thus, Hindi Diwas was wholeheartedly celebrated by one and all, and the celebration concluded with a positive note.



DARSHAN WEEK OF LOVE AND SERVICE

"Service is the ultimate form of purity, where the ego dissolves and only love remains."



A week-long Birth Anniversary of 'Raunak-e-Darshan' Sant Darshan Singh Ji Maharaj was celebrated at the school. The students throbbed with spiritual vibrations during the celebrations of 'Love and Service Week' from 13 to 19 September 2023. A Special Assembly was conducted by the students of grades VI to VII. Zealous students of the Primary Wing participated in various art activities like poster making, card making and designing strings of loving words to spread the teachings of the Gracious Master. Students of grades IX to XII conducted Roti Bank activities in the surrounding areas, Government Hospital and City Railway Station. Through different activities students realized that the best way to celebrate Love and Service Week is to love and serve all the creatures of God.

RAJINDER WEEK OF MEDITATION AND PEACE



"Where there is peace and meditation, there is neither anxiety nor doubt."

A week-long Birth Anniversary Celebrations of the Benevolent Master Sant Rajinder Singh Ji Maharaj, the great Ocean of Compassion was celebrated by the tiny-tots at the school with ardent devoutness. Rajinder Week of Meditation and Peace (20-26 September 2023) exhilarated with the conduct of daily meditation, Thumb Printing in Dove named 'Harbingers of Peace', decorations of Peace Maker Crowns, Quotation Writing on pertinent moral and spiritual issues. They explored their artistic and creative instincts, winning an abundance of commendation from all the admirers.

JUST BLINK & IT'S ALL GREEN

"Green is the prime colour of the world, and it's associated with meanings of growth, harmony, freshness, safety, fertility and environment."

Little munchkins of the school celebrated Green Day on 26 September 2023. With shimmer in eyes and delightfully attired in green outfits, they enjoyed listening to the stories narrated by their teachers using various green coloured props. The tiny-tots enjoyed exciting educational as well as recreational events. The celebration sparked with a Show and Tell activity and Poem Recitation emphasizing the green colour. They also crafted various green objects by leaf printing and hand printing a tree. They also brought green salad to eat. The coolness of green filled the air with freshness, stimulation and bliss. It was indeed a resuscitating and revitalizing experience for them. The kids were enthralled with the colour formation of green and the importance of having a green environment.



BUDDING WRITERS- INSPIRING TO REDUCE WASTE

To tap their innate talents and skills, students of classes VI to VIII of our school participated in "Building India Essay Writing Competition" organized by the Tata Group. The theme for the competition was 'Environmental Consciousness' which helped to recognize the potential of India's youth. The activity provided a platform for these budding minds to present their views so immaculately and effortlessly, and share their ideas and vision for a better India. Three students were awarded with medals and certificates for obtaining the first, second and third positions respectively. The school Principal congratulated all the winners and applauded them for their superb performance.



COLOURINA- A Drawing & Painting Competition

"Colors are brighter when the mind is open."

The school organized a heartwarming event named 'Colourina' for other children on 04 November 2023. This event, held in the school campus, was a testament to the Academy's commitment to holistic education and aimed at fostering creativity and bonding between children and their mothers. The competition brought together kids from various age groups and their moms for a day filled with art, laughter, and beautiful memories, ensuring that every child had a fair chance to showcase their artistic skills. The event concluded with a Prize Distribution ceremony, where every child and their mother received recognition and appreciation for their efforts. The event proved to be a day of creativity, connection, and celebration, as the kids and their moms flaunted their artistry, participated actively and beautifully exhibited their colourful imaginations.



DISPLAY BOARDS DECORATION USING ART INTEGRATION



"Creativity is intelligence, having fun." - Albert Einstein

The school came alive with an explosion of creativity as it organized a State-wise Display Board Decoration Activity on 04 November 2023. The event was a stunning display of student's creativity and presentation skills. The students of classes VI to XI gathered information, prepared beautiful and creative display boards showcasing attire, dance forms, food, language, art, etc. of the State assigned to them. Each display board was a visual treat, showcasing the unique culture, heritage, and achievements of their respective states. This event not only celebrated the rich diversity of India but also encouraged students to explore, learn, and appreciate the multitude of cultures that make up our incredible nation, thus setting an example of unity in diversity.

CULTIVATION OF MIND THROUGH CONSTITUTION

"Constitution is not a mere lawyer's document, it is a vehicle of Life, and its spirit is always the spirit of Age."

The school continues to instill a sense of civic duty and appreciation for the democratic ethos among its students with the celebration of Constitution Day. The event served as a poignant reminder of the significance of our Constitution and its enduring impact on the fabric of our nation. Students of classes VI to VIII reiterated the values and principles enshrined in the Constitution in the Special Assembly which commenced with an oath to foster a deep understanding of constitutional values. From discussions on Fundamental Rights to creative expressions through placards highlighting the essence of democracy, the event showcased the school's commitment to nurturing informed and responsible citizens. A mind-blogging Quiz on Constitution and Fundamental Rights was organized to underscore the importance of upholding the principles enshrined in our Constitution. It was a day full of knowledge and respect for our Constitution.



MENTAL HEALTH - base of physical and emotional health

"Improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right."



The school has conducted activities to observe World Mental Health Day 2023 under 'Aatma Nirbhar Bharat Abhiyaan'. A Special Assembly was conducted to mark the day's observance. Students of classes VI-VIII wrote inspirational quotes to promote mental and emotional well-being of all whereas students of classes IX-XII attended an awareness session facilitated by the School Counsellor focused on mental health education, coping strategies, and destigmatizing mental health issues. Students were provided information on mental health issues and were encouraged to mobilize efforts in support of mental well-being.



Bikeathon Mania- be an inspiration to save environment

Another great feat for outstanding performance in the city! Twenty-seven ever-energetic students of classes VI - VIII of our school participated in the 'Bikeathon' event organised by i-Next (Dainik Jagran). The bikeathon started from Kailash Prakash Stadium, Meerut at 6:00 am on 17 September 2023. It was an endeavour not only to save fuel and save our environment but also to promote cycling for short distances. People from various age groups participated enthusiastically in the event. Arnav Rajvansh of class VII won a bicycle and received the prize from the CMO, Meerut. The school Principal congratulated and applauded the students for their participation.



Teachers' Upskilling Program Using 21st Century Skills in EVS

A two-day Virtual National Workshop for teachers teaching EVS in Darshan Academies under the flagship of Darshan Education Foundation was organized on 09 & 10 November 2023. All the participants were welcomed and an overview of the workshop agenda was informed by the host from DA Meerut. The sessions on both days began with watching a video on steps of meditation and sitting in 10 minutes of meditation by all to invoke Master's Blessings. Engaging activity named 'Roses and Thorns' was conducted to foster a positive and interactive atmosphere. An Insightful discussion on aligning EVS outcomes with modern skills was facilitated through a PowerPoint Presentation which was further continued with a session on application of creative teaching methods like Role Play and Drama in EVS were conducted.

Exploration of sustainable development concepts were discussed with the help of a PowerPoint Presentation and a focus on the targeted group of the students studying in grades III to V.

A two-hour Expert Session on consecutive days by Dr. Prashant Divekar, Jnanaprabodhini, Pune, an educationist equipped the teachers with ways to develop the interest and strengthen Observation Skills of students in EVS. The workshop ensured a valuable experience for all participants.

Poetry Fest

"Within the verses, a symphony of emotions unfolds, as the poetry fest becomes a canvas where words dance and hearts resonate."

Unlocking creativity through verses, the school celebrated the Darshan Poetry Fest, an ode to Sant Darshan Singh Ji Maharaj's poetic legacy. From tiny voices in Nursery to eloquent expressions of teachers, the school echoed with the power of words. Students recited soulful as well as literary poems, and creative minds penned verses inspired by the Darshan Academy Spiritual Curriculum. Certificates of Appreciation are awarded to the top three entries in each group, recognizing their literary excellence. The fest spanned from 16 October to 15 November 2023, fostering a vibrant literary spirit. Kudos to all participants and educators for nurturing the love for poetry!



Sawan Ashram, 216 West End Road, Meerut Cantt, U.P.
PH. 0121-2663185 / 2650448
EMAIL ID :- infomeerut@darshanacademy.org
Website: www.darshanacademy.org
Follow Us: facebook.com/darshanacademy.org
instagram.com/darshan.academy/