



# DARSHAN ACADEMY



## NEWSLETTER

**MEERUT**

**(April Edition 2024)**



Darshan Academy strives to provide an education that embraces all aspects of a child's being, enabling students to meet challenges and lead life with a knowledge supported by wisdom, ethical values, good decision-making skills, as well as equipoise and a respect for all life.



# SPORTS AND GAMES GALORE

## GIRLS' POWER@ KICKBOXING CHAMPIONSHIP

**"CHAMPIONS ARE NOT BORN; THEY ARE MADE BY HARD EFFORT, DETERMINATION, AND A WILL TO WIN."**

In the spirit of relentless pursuit, and with resolute and undaunted determination, two exceptional students from our school, Nidhi Verma and Pratha Nishad of Class IX brought laurels to the Academy by bagging Gold and Bronze medals respectively in the prestigious Khelo India Women's Kickboxing League.

This national-level event, organized by ASMITA (Achieving Sports Milestone by Inspiring Women through Action), under the aegis of the Government of India, Ministry of Youth Affairs and Sports, witnessed remarkable achievements on 02-03 December 2023 at Swami Vivekanand Subharti University, Meerut.



## SKATING CHAMPION GLIDES TO NATIONALS!



Honey, a student of class X of our school and the rising star in roller skating, has left an indelible mark at the CBSE North Zone-1 Competition organised between 26 - 29 October 2023. Competing in the under-16 category, Honey seized a remarkable Silver in the 500m race and a commendable bronze in the 1000m race. Now, with unwavering determination, Honey has been chosen to represent at the Nationals. The school applauded the spirited boy for his achievements in the School Assembly and appealed to the Darshanites to rally behind this young talent as he rolls into the national arena, showcasing skill and passion on wheels!



## VERSATILE ATHLETICS

*“Champions keep playing until they get it right.”*

In a display of unwavering determination, athletes of our institution showcased their prowess at the U.P. State Sports Championship 2023-24, organised by Stairs U.P., a unit of Stairs Foundation at Ghaziabad, and added another feather to its cap by bagging a cascade of Gold, Silver, and Bronze Medals across various categories - volleyball, athletics, and yoga.

The Academy's talented boys and girls Volleyball teams secured Silver Medals in both the U-17 and U-19 categories, attesting to their skill and teamwork on the court. The boys from the Academy dominated the athletics events, clinching Gold Medals in the fiercely contested 200 and 400 metres races, showcasing their speed and endurance. Demonstrating exemplary skills and coordinated efforts in the U-19 Yoga event, the boys added to their medal tally with Silver and Bronze Medals, further highlighting the versatility of the Academy's athletes.





## CONSTITUTION DAY

**“CONSTITUTION IS NOT A MERE LAWYER’S DOCUMENT, IT IS A VEHICLE OF LIFE, AND ITS SPIRIT IS ALWAYS THE SPIRIT OF AGE.”**

Our school continues to instill a sense of civic duty and appreciation for the democratic ethos among its students with the celebration of Constitution Day. The event served as a poignant reminder of the significance of our Constitution and its enduring impact on the fabric of our nation. Students of classes VI to VIII reiterated the values and principles enshrined in the Constitution in the Special Assembly which commenced with an oath to foster a deep understanding of constitutional values. From discussions on Fundamental Rights to creative expressions through placards highlighting the essence of democracy, the event showcased the school's commitment to nurturing informed and responsible citizens. A mind-boggling Quiz on Constitution and Fundamental Rights was organized to underscore the importance of upholding the principles enshrined in our Constitution. It was a day full of knowledge and respect for our Constitution.



## GOLD IN NCSC

*"In the pursuit of knowledge, there are no limits."*

With this ethos in mind, two bright minds from our school, Dhanya Nagar and Rishika Tomar of Class XI Science have achieved an extraordinary feat by clinching the First Rank and Gold medals in the Senior Category in the National Children's Science Congress for their project on 'Sustainable Agriculture'.

This remarkable accomplishment took place in the age category of 10-17 years, amidst stiff competition on 2nd December 2023 at NAS Inter-College, Meerut. The event, organized by NCSTC (National Council for Science and Technology Communication), DST (Department of Science and Technology), Government of India, showcased a total of 74 projects submitted in both junior and senior categories, emphasizing the students' commitment to scientific exploration and excellence.



एन.ए.एस. इण्टर कॉलेज, मेरठ





## RED DAY-CUM-FUN DAY

**"SPLASHES OF RED, BLOSSOMS OF JOY: A PALETTE OF FUN UNLEASHED!"**

Our school transformed into a kaleidoscope of red as the Pre-Primary classes celebrated Red Colour Day with exuberance and creativity on 20 December 2023. The event aimed at introducing young minds to the world of colours, unfolded with a myriad of engaging activities and visual delights. Little stars adorned in adorable red-themed fancy dress costumes stole the show. Artistic expressions ran wild as students delved into red-themed art and craft activities to explore their creativity while learning about the significance of the colour red. Stories came to life as teachers shared tales highlighting the importance of the colour red. Interactive sessions engaged the children in identifying red-coloured objects around them and developing their hands-on approach. To mark the occasion, each child received a delightful red color-themed gift hamper. Some students donned Santa suits and lovely red dresses, shared smiles and eatables with the needy near the school and Augharnath temple. The red hues that painted the day will forever remain etched in the memories of the students, marking the beginning of a colourful educational journey.



## SANSKRIT UTSAV- A HARMONIOUS EXTRAVAGANZA

**"SING FROM THE DEPTHS OF YOUR SOUL AND WATCH THE WORLD COME ALIVE".**

Yet another feather in the cap of our school. Our immensely talented Vocal Group participated in "Sanskriti Utsav- A Harmonious Extravaganza" organized by 'District Administration and Sanskriti Department' on 30 December 2023 at SD Inter College, Meerut. The competition welcomed participants of 40 schools, ensuring a diverse range of vocal abilities. A group of three students from the Academy mesmerized the judges and audience with their performance and met with enthusiastic applause and admiration when they sang the bhajan. The Principal and the entire fraternity of our school congratulated the participants for achieving Third Position in the city and wished them the best for future endeavours.

नए साल में सुख-समृद्धि की कामना कनन लगन।

# संस्कृति उत्सव में मचाया धम

उत्तर प्रदेश पर्व हमारी संस्कृति हमारी पहचान के अंतर्गत हुआ संस्कृति उत्सव 2023

संवाद न्यून एजेन्सी

मेरठ। शनिवार को सनातन धर्म इंटर कॉलेज सदर में उत्तर प्रदेश पर्व हमारी संस्कृति उत्सव 2023 का आयोजन किया गया। सुभारंभ तहसीलदार, सैफुद्दीन प्रताप सिंह और जिला विद्यालय निरीक्षक राजेश कुमार ने किया। कार्यक्रम में विभिन्न स्कूलों के छात्र-छात्राओं ने भाग लेकर अपने हुनर का परिचय दिया।

प्रधानाचार्य अरुण कुमार गर्ग ने बताया कि कार्यक्रम का उद्देश्य भारतीय संगीत को समृद्ध विरासत को संरक्षित करना एवं भावी पीढ़ी को हस्तान्तरित करना है। प्रदेश में संगीत को समृद्ध परंपरा रही है। गायन, वादन में 25, एकल नृत्य में 15, सामूहिक नृत्य में 15 प्रतिभागियों ने सम्प्रेक्षक प्रस्तुतियां दी।

निर्णायक मंडल में डॉ. सधा रानी, डॉ. ललित, प्रो. रीना गुप्त, अमन शर्मा और डॉ. भावना घोषर मौजूद रही। बात दें कि स्थूल स्तर पर चयनित प्रतिभागी जिला स्तर पर आयोजित प्रतियोगिता में भाग लेंगे। विजयी प्रतिभागी उत्तर प्रदेश दिवस कार्यक्रम पर लखनऊ में प्रस्तुति देंगे।

एसडी इंटर कॉलेज सदर में संस्कृति उत्सव कार्यक्रम में नृत्य की प्रस्तुति देती छात्राएं।

### प्रतियोगिता का परिणाम

आईआईएमटी गंगावर और तृतीय दर्शन एकदमी रहा।

- गायन एकल लोकगीत में प्रथम पावल लखी, द्वितीय थाणी और तृतीय अन्त रही।
- साथी गायन में प्रथम निकिता, द्वितीय सानवी और तृतीय किशोर रहे।
- समूह गायन में प्रथम एचडीएसडी सरस्वती विठ्ठु भोंदर गंगावर, द्वितीय
- लोक वादन में प्रथम माली, द्वितीय अमृत और तृतीय सत्योनी रही।
- सामूहिक नृत्य में प्रथम सुदामा, द्वितीय सुदामा, तृतीय सुदामा



## IN-HOUSE CAPACITY BUILDING PROGRAMME

Our school conducted an Internal Workshop on Demo Lessons in Spiritual Curriculum on 30 December 2023 which aimed at the Academy's commitment to holistic education and enhancing the teaching methodologies for imparting the need of unique and best teaching practices required in the teaching of Spiritual Curriculum. A team of dedicated teachers spearheaded the event, showcasing innovative approaches to reinforce the theoretical concepts through a variety of activities to instill ethical values. The workshop made extensive use of PowerPoint presentations to engage and captivate the audience, and stimulate thoughtful discussions among the participating teachers. The interactive nature of these sessions fostered an environment of active participation and idea exchange, enriching the overall learning experience. The rewarding session equipped the teachers with knowledge and skills to create and curate holistic development.



## HURRAY! SILVER IN NATIONALS

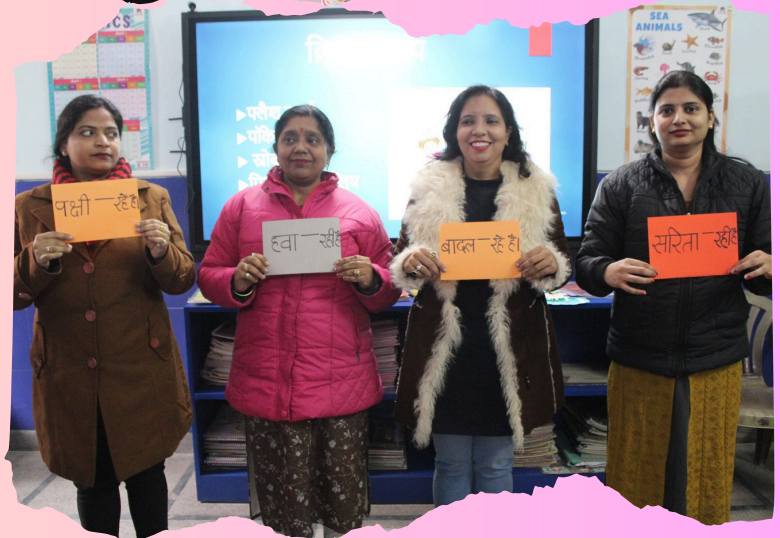
Honey, a top-notch skater of our school, created history by seizing a remarkable Silver (U-17) in 61st National Roller Skating Championship 2023-24 organised by Roller Skating Federation of India at Chennai between 14 December to 25 December 2023. The young skater gave stellar performance, created history & brought laurels to the Academy. Entire Darshan Family congratulate him for his colossal achievement in Nationals and wished him incessant victories in future.





# TEACHERS' UPSKILLING PROGRAMME - INNOVATIVE TEACHING

Our school hosted an Internal Workshop on Innovative Teaching Pedagogies on 06 January 2024, setting the tone with 10 minutes of Meditation and blessings from Maharaj ji. Presenters delved into the interdisciplinary nature of education, focusing on designing integrated pedagogy for effective classroom transactions. Participants were engaged in group activities to foster critical thinking and creative solutions, and amplify their ability to tackle challenges. All the sessions addressed classroom management challenges, evolving diverse strategies to minimize gaps and enhance teaching efficacy. The workshop buzzed with vibrant discussions as participants shared experiences, making it a dynamic and enriching environment. All attendees felt empowered and enriched, ready to apply newfound insights in their teaching journeys.



## SUBHASH CHANDRA BOSE JAYANTI



*"Give me blood, and I will give you freedom."* These powerful words echoed through the corridors of our school on 23 January 2024, as the school commemorated the birth anniversary of the valiant Subhash Chandra Bose. Students and teachers paid a poignant tribute to the visionary leader in the Special Assembly. The school resonated with patriotic songs and inspiring speeches that highlighted Netaji's indomitable spirit. Inspiring slogans, biography writing, and musical renditions paid tribute to Netaji's resilience and steadfast dedication to the nation. Students kindled the flame of patriotism in their hearts, and vowed to uphold the principles and values exemplified by Netaji Bose for generations to come.



# HUMAN CHAIN UNITED US

*"Awareness is the golden link by which society is bound together."*

In the spirit of unity and patriotism, our academy, joined hands with 58 other schools in a remarkable Human Chain Activity led by the DIOS, Meerut on 23 January 2024. Sixty (60) enthusiastic students from classes VIII to XI gathered at Victoria Park, Meerut to commemorate Subhash Chandra Bose Jayanti. Together, they formed a powerful human chain, symbolizing strength, solidarity, and a shared commitment to our nation's ideals.



## *Human Chain (Power of Connecting)*

## REPUBLIC DAY@ 2023

*"The future belongs to those who believe in the beauty of their dreams."*

"On Republic Day, let's honour the visionaries who shaped our destiny and work towards a future that reflects their ideals. Jai Hind!"

On this 75th Republic Day, our school, radiated patriotic fervour as the esteemed members of the Local Management SKRM unfurled the national flag, embodying the spirit of unity and pride. The day unfolded with vibrant cultural programmes in the school, showcasing the rich tapestry of our heritage. A myriad of activities encompassed events like patriotic speeches, dance performances, group song, fancy dress, art & craft work, slogan writing, recitation, etc. Our students stood tall and proud, participating in the March Past in the city organized by the District Administration. A troupe of dancers from the Academy showcased their talents in a cultural extravaganza at Police Lines, organized by the District Administration. A celebration resonating with patriotism and cultural brilliance was appreciated by one and all. The day's events concluded with the distribution of sweets.





# INTERNAL SPIRITUAL CURRICULUM BOOK REVIEW WORKSHOP

*"Today a reader, tomorrow a leader."*

We organized an Internal Spiritual Curriculum Book Review Workshop on 25 January 2024 which delved into the insightful realms of the renowned book "Detox the Mind," authored by Sant Rajinder Singh Ji Maharaj. The session proved to be a beacon of enlightenment, exploring ways to cleanse both the body and mind from negativity. Participants engaged in spirited discussions, sharing perspectives on detoxification and unanimously acknowledged meditation as a pivotal tool in achieving happiness and tranquility. The presentations were enriched with relatable examples from everyday life, captivating educators and sparking inquisitiveness. Mr. Vipul Khurana, a member of the Outreach and Spiritual group, SKRM, offered motivating insights, further encouraging the presenters. The workshop, marked by its enriching content, left all attendees infused with positivity and hope.



## PARIKSHA PE CHACHA@2024

*"Pressure of expectations can be obliterated if you remain focused."*

Students of classes IX to XII enthusiastically participated in the enlightening event, "Pariksha Pe Charcha 2024" on 29 January 2024. The event enhanced students' viewing experience and helped them absorb the valuable insights shared during the session. The engaging discussion led by the esteemed PM Mr. Narendra Modi, aimed to inspire and guide students through the challenges of examinations. The interactive nature of "Pariksha pe Charcha" encouraged students to reflect on their study habits, stress management, and goal-setting strategies, thus, leaving a positive impact on them. The thoughtful discussions and practical advice offered during "Pariksha pe Charcha 2024" motivated students to navigate the academic challenges ahead.





# KIRPAL WEEK OF LOVING KINDNESS

*"A kind thought will attract all the kindness of the universe."*

We celebrated 'Kirpal Week of Loving Kindness' from 01 - 05 February 2024 to commemorate the birth anniversary of Param Sant Kirpal Singh Ji Maharaj. The Week of Loving Kindness was a resounding success, fostering a culture of compassion, empathy, and community involvement among students. The diverse range of activities showcased the school's commitment to nurturing not only academic excellence but also the values of love and kindness. A week-long initiative commenced with the conduct of a Special Assembly, where students presented the sayings and recited the mystic poems of Sant Kirpal Singh Ji Maharaj. Students participated in Roti Bank activities, demonstrating their commitment to community service. Students in primary classes focused on fostering kindness by creating artwork centered around the theme "Heart of Kindness" and "Tree of Kindness" promoting compassion and empathy. Inspirational quotes on love and kindness, spreading positive messages floated throughout the school. Students in the middle section engaged themselves in a creative story writing, "Give What You Need" pocket chart and "Calendar of Kindness" activities, promoting the idea of sharing resources and supporting each other. Enactment of role-plays emphasized themes of kindness, empathy, and understanding in everyday life. Students of the Senior section delivered impactful speeches on kindness, inspiring their peers. Additionally, they engaged themselves in a hands-on Paper Weight Activity, reinforcing the weight of their words and actions in promoting kindness.





# LETTER FIESTA

*“Each letter of the alphabet is a steadfast loyal soldier in a great army of words, sentences, paragraphs, and stories. One letter falls, and the entire language falters.”*

Kindergarten at our school hosted an Alphabet Party on 09 February 2024, illuminating the significance of each letter in the English language. The event was a vibrant tapestry of performances, including a captivating Welcome Dance, Poem Recitation featuring every letter of the alphabet, a lively Letter Parade, and a riveting tale that centered around the letter 'M'. The energy radiated by the dance participants was palpable, as they executed their moves with grace and enthusiasm. The impeccable costumes and presentations of all the students added to the spectacle, providing a platform for our budding talents to shine. The event was a resounding success, fostering a fun and enriching environment where our young learners could hone their skills and celebrate the magic of language.



# Alphabet Party



# IN-HOUSE CAPACITY BUILDING PROGRAMME

*"Education is not the filling of a pail, but the lighting of a fire."*

We hosted an Internal Workshop on Demo Lessons in Spiritual Curriculum, demonstrating their commitment to holistic education and the advancement of teaching methodologies tailored for imparting unique and effective Spiritual Curriculum concepts on 17 February 2024. Led by a team of dedicated educators, the event showcased innovative approaches aimed at reinforcing theoretical concepts and instilling ethical values through various activities. Utilizing PowerPoint presentations, all the sessions engaged participants and sparked thoughtful discussions, facilitating active participation and idea exchange among teachers. The observers from the Spiritual Curriculum Team (DEF) - Mr. Vipul Khurana, Ms. Sushma Luthra and Ms. Anjali Arora, appreciated this interactive platform which enriched the overall learning experience, fostering an environment conducive to skill enhancement and knowledge acquisition.



## YELLOW JOY

*"Embracing the sunshine hues of life, illuminating with joy on 'Yellow Day'!"*

The Pre-primary kids of our school, delved into a world of creativity, with a prominence of yellow colour in their each act on 15 February 2024. With a myriad of art and craft activities, from paper tearing to thumb printing, each activity was a testament to their imagination and enthusiasm. Teachers enlightened young minds with captivating storytelling sessions that instilled appreciation and understanding on the significance of the colour yellow. Decked out in radiant yellow attire, both students and teachers embodied the spirit of the day, spreading warmth and positivity throughout the campus. Each student brought along a yellow object, sparking conversations and sharing insights as they spoke about their chosen item. Yellow Day proved to be a true celebration of brightness and cheer!





## FOUNDER'S DAY

*"Education is not just about imparting knowledge, but about shaping character and fostering values."*



Here's to another year of learning, growth, and spreading goodness! We celebrated its Founder's Day with great zeal and enthusiasm on 15 February 2024. Students of classes I to VIII came together for a Special Assembly, embodying the school motto 'be Good, Do Good, Be One'. The students were engaged in a quiz exploring the genesis and philosophy of our esteemed institution. The teachers narrated the story about the Academy's origin and its philosophy ever since its inception in 1995. Alongside, various other activities were conducted, enriching our students' holistic development. The assembly concluded with students expressing their gratitude to all the great Masters.

## GRANDPARENTS' DAY

*"Grandparents hold our tiny hands for just a little while, but our hearts forever."*

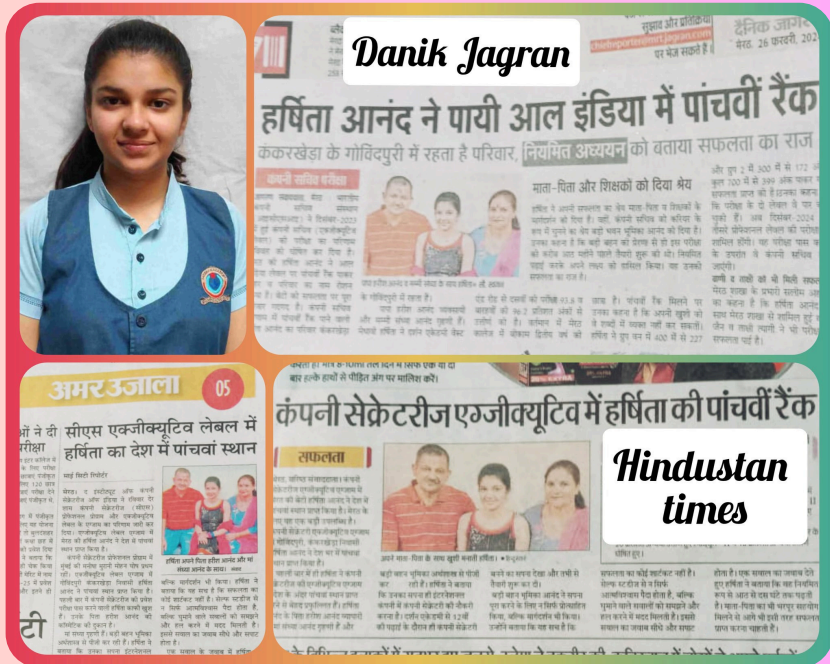
In celebration of the timeless bond between grandparents and their grandchildren, we exuberantly hosted Grandparents' Day on 24 February 2024. Adorned in vibrant attire, the young Darshanites captivated the audience with a delightful showcase of dances, songs, drama, and melodious performances, showcasing the innocence and joy of childhood. Mr. V. K. Tyagi, the esteemed Dean of Shobhit University, the Chief Guest of the occasion lauded the sincere efforts of the children in honouring their grandparents. The event was a heartwarming tribute to the enduring love and cherished relationships shared between generations.





# ALUMNI PRIDE

In a remarkable display of academic excellence, Harshita Anand, a former student of our school (Batch 2021-22), has emerged triumphant in the CS Professional Programme Examination (ICSI), securing prestigious All India Rank - 5. Her stellar performance serves as an inspiration to aspiring professionals across the nation. The school community extends heartfelt congratulations to Harshita Anand on her exceptional accomplishment and wishes her continued success in all her future endeavours.



*"The future belongs to those who believe in the beauty of their dreams."*

Aakash Yadav, a former student of our school (Batch 2010-11), working as Sub-Inspector in CISF, has secured an outstanding All India Rank (AIR) of 10 in the Assistant Commandant examination conducted by the Union Public Service Commission (UPSC) for the Central Industrial Security Force (CISF). Aakash's success not only reflects his individual brilliance but also serves as an inspiration to aspiring candidates nationwide. His achievement resonates with the ethos of excellence upheld by the Academy and serves as a testament to the institution's commitment to nurturing leaders of tomorrow.



- 2 -

**CISF AC (EXE) LDC EXAMINATION**  
**LIST OF RECOMMENDED CANDIDATES**

ROLL NO	NAME
0800161	SUBODH SINGH DANG
0800073	AVNEESH AHLAWAT
0800491	ROHIT DHAKA
0800401	MAHFOOJ KHAN
0800407	ROHIT MALIK
0800027	RAM MURTI KAUNDA
0800694	SHUBHAM SINGH
0800859	NARVEER SINGH
0800931	PIRYANKA DEVI
0800727	AAKASH YADAV
0800194	RAJAT
0800755	MANISHANKAR YADAV
0800579	ALI MOHAMMAD
0800696	JITENDER GAUTAM
0800806	PRAVEEN KUMAR SINGH





# DARSHAN ACADEMY

CREATING  
GENERATIONS  
OF  
PEACEMAKERS

## ABOUT US

**DARSHAN ACADEMY, MEERUT**

***Sawan Ashram, 216, West End Road, Meerut Cantt, U.P. 250001***

***Ph- 0121-2663185 / 2650448***



**[www.meerut@darshanacademy.org](mailto:www.meerut@darshanacademy.org)**



**[www.facebook.com/DarshanAcademyMeerut](http://www.facebook.com/DarshanAcademyMeerut)**

**[www.instagram.com/darshan.academy/](http://www.instagram.com/darshan.academy/)**